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Parenting Podcast Launches at AUM

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Dr. Denise Davis-Maye, Associate Professor in the Department of Sociology, has created a way for mothers to get advice in a non-traditional way. Instead of holding a seminar or class to teach the lessons, she created The Mommy Chronicles, a podcast that offers tips for women raising children in the 21st century.

Davis-Maye co-hosts the show with Tonya Williams, a local business owner and broadcast professional. The podcast airs once a month and aims to entertain and educate women and others raising children. "We hope that The Mommy Chronicles will provide a virtual community for moms and mom-types," Davis-Maye said. "We want to have real life

discussions, with a little advice, a little humor, and a bunch of connection."

Each episode features Davis-Maye and Williams as well as a few guests, who are invited to join because of their expertise in the field being discussed in that given podcast. This gives listeners the opportunity to get several different inputs on one issue. The show covers a wide range of topics from parenting techniques to bullies. Davis-Maye and Williams use humor to make the show entertaining for listeners. There are no gimmicks in The Mommy Chronicles: just a few ladies who want to bring their wisdom and experience with parenting to the masses. "Parenting is one of the most challenging tasks that anyone can face, but one of the only jobs that comes with very little preparation and no instruction," Davis-Maye said. "We wanted to provide an opportunity for this discourse in an open and honest forum, with no judgment."

Although it may not seem like a 30-minute podcast would take long to produce, Davis-Maye said it takes about one hour to put each show to tape and another three hours of production. The Mommy Chronicles is taped in the broadcast studio of the Department of Communication and Dramatic Arts and offers broadcast journalism students hands-on experience. "We hope to have a paid intern position in the Spring," Davis-Maye said. "But until then, the broadcast students are assisting with the editing of the launch show. If students have particular media interests, and have experience with social media and are interested in volunteer hours in the Spring, we would be happy to provide the opportunity."

Episodes of The Mommy Chronicles are currently available to stream at www.blogtalkradio.com/mommychronicles, and new episodes will air on a monthly basis.



Dr. Denise Davis-Maye, Tonya Williams and guests recording an episode of The Mommy Chronicles.

Courtesy of Jacob Saylor

